**Some ideas for Parents to use with their children at home**

**Sourced by Maria Kelly, Limerick and Clare Education and Training Board**

**Activities – Arts/Crafts etc.**

<https://www.mothercould.com/> – American website/blog with a range of art, crafts and sensory based activities (more ideas on her Instagram…)

<https://www.huntmuseum.com/2020/03/13/colouring-book/> – Colouring book inspired by items which feature in their collection, free printable

Dublin Zoo, Edinburgh Zoo, San Diego etc. have live webcam feeds of various animal enclosures

**Exercise**

<https://www.youtube.com/watch?v=-8o8wMgAT-Y> – ‘P.E. with Joe’, YouTube channel with Joe Wicks showcasing home based workouts for children

**Internet Safety**

<https://www.irishtimes.com/life-and-style/health-family/parenting/7-simple-steps-to-help-keep-your-children-safe-online-1.3373778>

<https://www.webwise.ie/parents/covid19-online-safety-advice-for-parents/>

**Languages**

<https://www.cula4.com/en/cula4-na-nog/shows/>

**Social Environmental and Scientific Education**

[www.switchzoo.com](http://www.switchzoo.com) – Interactive website with games and resources on dozens of animals

<https://mrnussbaum.com/> – American website with some free printables, resources and video content

<https://www.youtube.com/watch?v=b7bi3xOZpaM&list=PLmTANLv-GyXWvII2La-sXEePmN2PC9H3g&index=2&t=0s> – YouTube Channel ‘LET’S GO LIVE with Maddie and Greg’, video content with various themed areas of learning e.g. Nature - Gardens, Bird Spotting etc.

**Teaching & Learning**

[www.twinkl.co.uk](http://www.twinkl.co.uk) – Lesson plans, resources, interactive actives, this is largely a subscription website but some resources are free

<https://mash.ie> – Miss Muinteoir, some resources are currently available as free downloads and printables

[www.literacyshed.com](http://www.literacyshed.com) – Provides access to films and animations with ideas around lesson plans and activities

**Wellbeing**

<https://www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic>